

Ethics

Year 9 Knowledge Organisers

Term 3 Buddhism

Ethics



Topics Covered

- Life of the Buddha
- The 4 sights
- What is Enlightenment?
- 4 Noble Truths
- 8 Fold Path
- 5 Precepts
- How a Buddhist lives their life today
- 3 Jewels and Poisons
- Different Groups in Buddhism
- Festivals
- Evaluation of these different ideas
- What is your opinion?

Introduction to Buddhism

Buddhism is an unique Religion in that it does not have a God. It was started by Siddhartha Gautama around 563 BCE and 483 BC.

The Aim of Buddhism is to help people get rid of all suffering and pain in their life. They believe this is possible by getting rid of all greed, hatred and ignorance in your life.

They believe in Karma – the idea that there are good and bad consequences to our actions. Good actions create good karma and bad actions create bad karma.

They also believe in reincarnation: The idea that the cause and effect chain of our actions leads to an endless cycle of life, death and rebirth. You can only escape this endless cycle by being Enlightenment through the Buddhist teachings

Useful Links:

<https://www.youtube.com/watch?v=nsN7NLS-0jl> Life of the Buddha

<https://www.youtube.com/watch?v=dNCUoCOMXz8> \$ noble truths and the 8 fold path

<https://www.youtube.com/watch?v=nVKK-WVW2uw> Enlightenment

<https://www.youtube.com/watch?v=nVKK-WVW2uw> What do Buddhists believe?

<https://www.youtube.com/watch?v=2UEkU84-MDA> 5 Precepts

<https://www.youtube.com/watch?v=Yjtz4E TYJwI> Reincarnation ad rebirth

<https://www.youtube.com/watch?v=VH42iCDom50> What is Karma in Buddhism?

<https://www.youtube.com/watch?v=b4r4cgCiZGw> The 3 Jewells



Keyword	Definition
Ahimsa	First precept, do no harm
Ascetic	A person who lives without luxury, by choice
Bodhisatva	A Buddhist who has reached enlightenment but chooses to be re-born rather than go to Nirvana, to help others reach enlightenment
Buddha	Enlightened one
Buddhist	A follower of Buddha's teachings and Buddhism
Dharma	Buddha's teachings
Eightfold path	Taught by Buddha, followed by Buddhists to try to reach enlightenment
Enlightenment	Reaching a perfect state of understanding, where they manage to lift themselves out of experience suffering and cravings; allowing a Buddhist to go to Nirvana rather than being reincarnated after death
Four Noble Truths	Buddha's first teaching on how to stop pain and suffering
Four sights	What Prince Siddhartha saw when he left the palace, made him leave home to search for the truth about life
Livelihood	One of the steps in the eightfold path, having a job that helps others and causes no harm
Mahayana	One of the main denominations of Buddhism
Meditation	Deep thought used by Buddhists to achieve a deeper understanding about life
Nirvana	A final resting place, similar to Heaven in Christianity
Parinirvana	Festival commemorating the death of Buddha
Precepts	Basic rules Buddhists live by. Monks follow 10, non-monks have 5
Pure Land Buddhism	A denomination of Buddhism
Reincarnation	After someone dies, being re-born to live another life
Sangha	Buddhist community
Taking refuge	Mantra repeated by Buddhists to show their commitment to reaching enlightenment
Theravada	One of the main denominations of Buddhism
Three jewels	The 3 positives Buddhists take refuge in
Three poisons	The 3 negatives that cause suffering
Tibetan Buddhism	Third largest denomination of Buddhism
Vassa	Festival of rain retreat
Wesak	Festival celebrating Buddha's birthday
Zen Buddhism	A denomination of Buddhism

Help with Answering Questions

Here are tips to help you write answer to your questions.

Always use PEEL when answering questions in sentences.

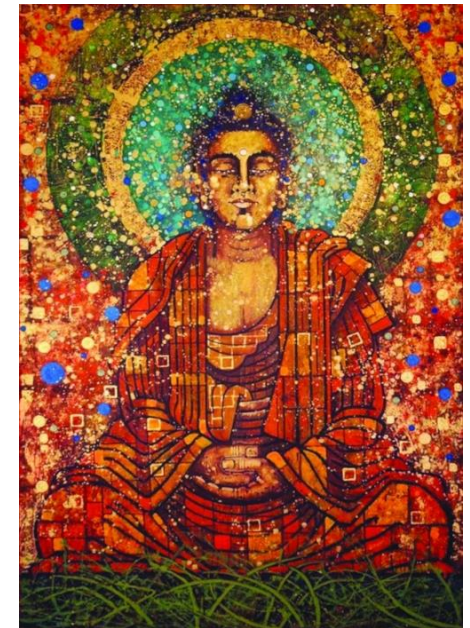
P – Point
E – Evidence
E – Explain
L – Link back to the question



Challenge yourself. Practice questions.

1. Describe what happened when the Buddha experienced the 4 sights
2. How did the 4 sights change the Buddhas life?
3. Draw a diagram to illustrate the 4 Noble Truths and the 8-Fold Path.
4. How do the 5 precepts help Buddhists lead a good life?
5. Evaluate this opinion. “The ideas of the Buddha can get rid of all evil and suffering in your life.”
6. Compare the 3 Jewels and the 3 poisons.


Command Word	Meaning
Assess	Make a judgement using reasons
Compare	Identify similarities and Differences
Complete	Finish the task
Describe	Give a detailed account in words
Discuss	Present key points about different ideas or strengths and weaknesses
Evaluate	You need to consider different views and come to a judgement
Explain	You need to identify relevant points and show your understanding of them
Give/state/name	Recall knowledge, e.g. two examples/types/ways of something
Identify	Name or state something clearly
Outline	Set out main points
State	Express in clear terms
Suggest	Present a possible case
To what extent...?	Judge the importance or success of a strategy, scheme or project



Life of the Buddha

The Four Sights- Buddha wanted to see the world so left the palace grounds and travelled into town. He saw four sights: An **old man, a sick man, a corpse and a holy man**. The first three sights opened Buddhas eyes to a whole new world that he had never seen, A world with suffering. In the fourth sight, he saw his destiny. The sights were a life changing experience for the Buddha. He learnt that there is suffering in the world and this made him want to find a way to overcome dukkha and reach enlightenment. He was inspired by the holy man's serenity.

Enlightenment - Buddha realised that he should not go to extremes (e.g. starvation) but should adopt a happy medium or middle path. He then began to eat and **live in moderation**. Buddha was still spiritually hungry. He wanted spiritual food and self-realisation. It was **underneath the shadow of a large tree** that his spiritual hunger was **fulfilled**. This tree is now known as the Bodhi tree. He sat in a meditative mood underneath the tree from morning to sunset, with determination 'Let me die. Let my body perish. Let my flesh dry up. I will not get up from this seat till i get full illumination'. He plunged himself into deep meditation. It was through this practice that he attained Nirvana (liberation from a cycle of rebirth). His face shone too- he was full of knowledge. **He had achieved enlightenment (full understanding of way things are in life.**



THE FIVE PRECEPTS

1. No killing
2. No stealing
3. No sexual misconduct
4. No lying
5. No intoxicants

1. No killing	~ Respect for life
2. No stealing	~ Respect for others' property
3. No sexual misconduct	~ Respect for our pure nature
4. No lying	~ Respect for honesty
5. No intoxicants	~ Respect for a clear mind

4 Noble Truths

1. To live is to suffer;
2. Suffering is caused by desire;
3. Suffering can be overcome;
4. The eightfold path is the solution to end suffering.

The 8 Fold Path:

The eightfold path to enlightenment

