

Physical Health and Emotional Wellbeing	Careers
RSE	British Values and Protected Characteristics
Living in the Wider World	SMSC / Eco Values
School Ethos and Character Education	

Year 10 Personal Development

Year 10 PD Topics are taught on a rotation. Each topic is taught by a teacher expert. Students move from one topic to the next, ensuring all students have access to this expert teaching. Each rotation lasts half a term.

Rotation	PD Topic	PD Tutor and Assembly	Subjects
Rotation 1 Families	1. Different types of 'non-traditional' relationships 2. Different types of Long-Term Commitments including legal marriage and forced marriage and where to get help or advice when needed. 3. The legal status of relationships, including marriage and civil partnerships 4. Responsibilities of being a parent and how a committed and stable relationship can be important for bring up children 5. The process of fostering and adoption and why children may be taken into care 6. What abortion and miscarriage is and the options available to the individual and where to get help	Week 1 – Protected Characteristics and prejudice. How to speak out Week 2 – Uniform Services and British Values Week 3 – My Career pathway and planning my future. Hopes and dreams. Week 4 – Black History Month. Protected characteristics and British Values.	<p style="text-align: center;">Autumn Term</p> <p>R.E, Philosophy and Ethics - Crime and Punishment. Including exploration or fairness and justice. Religion and life – Euthanasia The Environment</p> <p>Maths – The bigger picture. Careers in Maths feature in every lesson</p> <p>English - A Christmas Carol: Explore ideas of tolerance and liberty how we treat our most vulnerable citizens</p> <p>MFL - Willkommen bei mir – Social media. De la ville a la campagne (local, national and international areas)</p> <p>Art - Personal projects: frequently dealing with a wide range current and delicate issues. The aim is to raise awareness and connect with people through art. Discussing human rights, LGBTW+, anxiety, depression and pressures of social media. Teaching tolerance and respect.</p> <p>Textiles – Discussing career opportunities in the industry</p> <p>Music - Pop Ballad Video group tasks. Working in diverse groups. Corelli Concerto: opportunities for leadership</p>

<p>Rotation 2</p> <p>Respectful Relationships</p>	<ol style="list-style-type: none"> How to recognise and/or get support for abusive relationships How to recognise, end and/or get support for abusive relationships Identify what controlling/coercive, explain the importance of mutual respect in relationships and how to get help if needed The impact of individual's beliefs and actions on community cohesion, the importance of respecting diversity and the impact of the media on people's attitudes towards diversity Violent extremism differs from legitimate protest and dissent and how to respond to worrying behaviours Investigate the ways people can be drawn into extremist groups 	<p>Week 5 – Mental Health Day – My Personal Development</p> <p>Week 6 – Gratitude and staying happy</p> <p>Week 7 – Armistice Day</p> <p>Week 8 – The act of remembering</p> <p>Week 9 – Sexual Harassment What is it and how do we deal with it?</p>	<p>Business – Ethical Business practices. Employment law</p> <p>Food - Job roles - Careers within the hospitality sector, food development and nutrition roles.</p> <p>Ethical and cultural food choices. Topic includes: Dietary needs (eg vegan, vegetarian, coeliac), reasons why people may choose to follow a different diet. Religious dietary requirements.</p> <p>D&T - Legislation, British and European standards, BSI, CE, ISO and COSHH regulations. Health and Safety: use of machinery and safe working practices. Being Responsible: tidying as you go.</p> <p>Careers are discussed on a 1-2-1 basis. Using different cultures around the world to influence design.</p> <p>Ethical and Moral issues are discussed: deforestation and the impact on society</p> <p>Dance - Independent learning through group rehearsals. Opportunities to choreograph their own dances</p> <p>Child Development - Inclusive learning for all 0-5 years: includes visual, hearing, the right to every child having access to the same education.</p>
<p>Rotation 3</p> <p>Intimate and Sexual Relationships</p>	<ol style="list-style-type: none"> The role of intimacy, readiness and pleasure in a consensual relationship Pornography and its impact on understanding consent Consent gained through pressure and coercion is wrong and how to manage pressure to consent and where to get help if needed How to identify and manage appropriate and inappropriate conflict behaviours and to manage breakups respectfully and safely Recognising stalking and harassment and where to get help Recognising when romantic attention is unwanted or unacceptable, including online Identify what contraception is Consequences of sex and how it may lead to sexually transmitted infections 	<p>Week 10 – World Kindness Day and Anti Bullying Week. Respect and Kindness</p> <p>Week 11 – Consumerism and Ethical consumption</p> <p>Week 12 – Islamophobia awareness Day How and why should we tackle religious discrimination</p> <p>Week 13 – Gender and careers</p>	<p>Geography – Field Work: work responsibly and independently</p> <p>History – John Snow and the Broad Street Pump: he helped saved lives by being a responsible citizen.</p> <p>Modern Medicine: the importance of healthy lifestyles for good health. Germ Theory and the Public Health Acts</p> <p>Dance - Michael Bennett (American): looking at the culture that shapes their choreography</p>

<p>Rotation 4</p> <p>Online and Media and Internet Safety and Harms</p>	<ol style="list-style-type: none"> 1. How to maintain an online and offline life balance 2. How digital media is designed and how we can develop healthy habits when using digital media 3. How social media can affect the way we feel about ourselves in comparison to other people 4. Understanding that how people represent themselves online is not always who they are in real life. 5. What cyberbullying is and the forms it takes and how to counter hate speech online 6. Managing relationships and setting boundaries online 	<p>Week 14 – What career are you drawn to?</p> <p>Week 15 – Praise assembly What achievements am I proud of?</p> <p>Week 1 – Human Rights and the Law</p> <p>Week 2 – NSPCC Penny Wars</p>	<p>Spring Term</p> <p>Writing CVs, letters of application, attending Interviews.</p> <p>English - An Inspector Calls: Explore the importance of individual responsibility for our own robust moral code, but also the importance of being responsible for our community, and ultimately our country</p> <p>English – Macbeth: Focusing on the idea of guilt and integrity- doing the right thing as opposed to allowing ambition and selfish gain to dominate</p> <p>English - Women’s experiences of threatening language and behaviour from Maggie O’Farrell’s ‘I am, I am, I am’ and Caitlin Moran’s ‘How to be a woman’: Exploring ideas about contemporary feminism</p> <p>Science - Natural Selection and Genetic Modification, stem cells and animal testing. Genetics.</p> <p>MFL - Le temps des Loisire (Freetime and sport)</p> <p>Business - Advantages and Disadvantages of online buying and selling</p>
<p>Rotation 5</p> <p>Being Safe, Drug, Alcohol and Tobacco</p>	<ol style="list-style-type: none"> 1. How tattoos and body piercing can lead to potential problems in the future 2. Why do people become involved in knife crime, the consequences of doing so and what methods are used to stop this 3. What is meant by the term County Lines, criminal exploitation and how to get help 4. What healthy and unhealthy social groups are and why a young person might join a gang 5. Be able to recognise if someone may have or may experience FGM and how to report it 6. Describe negative healthy effects of smoking, why smoking and second hand-smoke can damage the body 	<p>Week 3 – Disability Awareness</p> <p>Week 4 – Holocaust Memorial Day</p> <p>Week 5 – Safer Internet Day</p> <p>Week 6 – Healthy Eating</p> <p>Week 7 – World Marriage Week</p> <p>Week 8 – World Book Day 4th March</p>	
<p>Rotation 6</p> <p>Physical Health, Fitness and Prevention</p>	<ol style="list-style-type: none"> 1. The importance of sleep and strategies to maintain good sleep habits 2 and 3. The importance of life saving techniques and how to perform CPR 4. How lifestyle choices may put us more at risk for certain types of cancers and how to prevent this 5. What testicular cancer is and how to screen themselves for it 6. What breast cancer is and how to screen themselves for it 	<p>Week 9 – Decisions and Consequences</p> <p>Week 10 – International Women’s Day</p> <p>Week 11 – Special Needs Awareness – Dyslexia, Autism and ADHD</p>	

Rotations continue all year.

Week 12 – Praise assembly
What achievements am I proud of?

Food - Seasonality, food miles, carbon footprint and sustainability of food.

Art - Personal projects: frequently dealing with a wide range current and delicate issues. The aim is to raise awareness and connect with people through art. Discussing human rights, LGBTW+, anxiety, depression and pressures of social media. Teaching tolerance and respect.

Textiles – Discussing career opportunities in the industry

ICT – Safer Internet Day. Impact of Digital Technology. Cyber Security develops students personal awareness of how they use technology and the impact it has on them in their real lives. Phishing, identity theft, malware, threats to IT systems through cyber-attacks and how to keep themselves protected.

D&T - Legislation, British and European standards, BSI, CE, ISO and COSHH regulations. Health and Safety: use of machinery and safe working practices. Being Responsible: tidying as you go.

Penny Wars, NSPCC Event

Media - The democratic parliamentary system is explored through the study of newspapers.

Drama – Blood Brothers – exploration of themes of injustice, class difference, nature versus nurture, good and “bad” parenting.

Rotations continue all year.	Week 1 – International Siblings Day	Summer Term
	Week 2 – Earth Day / Clean Air Day	Work Experience
	Week 3 – World Refugee Day	English - Blake and Shelley study of the Power and Conflict poetry which cover ideas of Rousseau and the influence of Enlightenment with a focus on individual liberty
	Week 4 – Mental Health Awareness Week	English – The Greatest Showman: perceptions of ‘difference’
	Week 5 – World Cancer Day and Sun Safety	Science - Pollution and Recycling – moral dilemma
	Week 6 – Aren’t you amazing?	MFL - En pleine forme (healthy and unhealthy habits). Je suis fier de moi! (Pride in oneself).
	Week 7 – Pride Month	Art - Personal projects: frequently dealing with a wide range current and delicate issues. The aim is to raise awareness and connect with people through art. Discussing human rights, LGBTW+, anxiety, depression and pressures of social media. Teaching tolerance and respect.
	Week 8 – National Sports Week	
	Week 9 – Volunteers and Volunteering	ICT - Environmental issues, such as E Waste, the damage of mining for raw materials, pollution to land, air pollution etc due to illegal waste land is all covered
	Week 10 – Blood Donor Day	
	Week 10 – Water Safety	

Week 11 – Praise assembly
What achievements am I proud of?

D&T - Legislation, British and European standards, BSI, CE, ISO and COSHH regulations. Health and Safety: use of machinery and safe working practices. Being Responsible: tidying as you go.

Careers are discussed on a 1-2-1 basis. Using different cultures around the world to influence design.

Ethical and Moral issues are discussed: deforestation and the impact on society

Food - Job roles: A section of work looking at different careers within the hospitality sector, food development and nutrition roles

History - The Cold War: protests against the communist dictatorships such as Hungary 1956 and Czechoslovakia in 1968.

Film Studies - Moral and ethical issues are explored when studying films such as Rebel Without a Cause.

Media - We explore how regulation is used in a range of media industries including: news, film, video games etc.