

Physical Health and Emotional Wellbeing	Careers
RSE	British Values and Protected Characteristics
Living in the Wider World	SMSC / Eco Values
School Ethos and Character Education	

Year 11 Personal Development Overview

Year 11 are taught on a rotation and topics are repeated throughout the year to different groups. Each rotation lasts maximum of 7 lessons

Rotation	PD Topic	PD Tutor and Assembly	Subjects
Rotation 1 Respectful Relationships	1. Links between emotional wellbeing and relationship conflict, negotiating relationship conflicts safely and effectively 2. Impact of individual's beliefs and actions on community cohesion, importance of respecting diversity and the impacts of social media on people's attitudes. 3. How to promote sexual health and prevent unplanned pregnancy, how fertility changes over time, and the different routes to becoming a parent 4. The possible outcomes in the event of an unplanned pregnancy 5. The laws related to abortion and support available 6. Stalking and harassment and how the law protects us from it.	Week 1 – Protected Characteristics and prejudice. How to speak out	Autumn Term Careers – World of Work Event Drop down day. Students speak to a large number of company representatives. One to one Careers Interviews “Form the Future” Art - Personal projects: frequently dealing with a wide range current and delicate issues. The aim is to raise awareness and connect with people through art. Discussing human rights, LGBTW+, anxiety, depression and pressures of social media. Teaching tolerance and respect. Textiles – Discussing career opportunities in the industry Maths – The bigger picture. Careers in Maths feature in every lesson Science - Extraction of metals and the importance of recycling. Eco-systems, interdependency of organisms and pollution. English - Blake's 'London': the negative impact of the Industrial revolution in European cities. Music – The physical benefits of Djembe and Bhangra group work
		Week 2 – Uniform Services and British Values	
		Week 3 – My Career pathway and planning my future. Hopes and dreams.	
		Week 4 – Black History Month. Protected characteristics and British Values.	
Rotation 2 Intimate and Sexual Relationships	1. The risks associated with sharing sexual images and ways to manage pressure to share sexual images 2. Consent and who has the responsibility for clarity, what is rape 3. When someone should have sex and what good, safe and healthy sex looks like 4. Dispelling pregnancy myth, understanding what infertility is and how it can affect people physically, emotionally and mentally 5. Explore our own personalities, how we feel about ourselves and what affects that 6. Explore communication and consent How to communicate and listen to what people like and don't like 7. What is meant by safer sex, how to use condoms, the risks associated with sex, and how to avoid/ reduce them and look after ourselves Where to get help if we need it	Week 5 – Mental Health Day – My Personal Development	
		Week 6 – Gratitude and staying happy	
		Week 7 – Armistice Day	
		Week 8 – The act of remembering	
		Week 9 – Sexual Harassment What is it and how do we deal with it?	

<p>Rotation 3</p> <p>Online and Media and Internet Safety and Harms</p>	<ol style="list-style-type: none"> 1. What is Online Disinhibition and how can it affect us positively and negatively, how it could lead to cyber bullying 2. What is your online reputation and how to protect it 3. What is my digital footprint and how my actions online have real life consequences 4. Beware of what you share and how your data is collected 5. What Phishing is how and to be aware of scams 6. Online objectification of women and how that can affect everyone negatively due to unrealistic imagery and standards. 	<p>Week 10 – World Kindness Day and Anti Bullying Week. Respect and Kindness</p>	<p>Child Development - “Inclusive Learning for all” - the right to every child having access to the same education</p>
		<p>Week 11 – Consumerism and Ethical consumption</p>	<p>MFL - Liberte, egalite, fraternite.</p> <p>Quelle Orientation (Future ambitions)/Rund und die arbeit-Careers</p>
		<p>Week 12 – Islamophobia awareness Day How and why should we tackle religious discrimination</p>	<p>R.E, Philosophy and Ethics - Difference between stewardship and dominion. Animal rights.</p> <p>Contacts with outside agencies – Amnesty, Kite Trust</p>
		<p>Week 13 – Gender and careers</p>	<p>D&T - Legislation, British and European standards, BSI, CE, ISO and COSHH regulations. Health and Safety: use of machinery and safe working practices. Being Responsible: tidying as you go.</p>
<p>Rotation 4</p> <p>Being Safe, Drug, Alcohol and Tobacco</p>	<ol style="list-style-type: none"> 1. Impact of substance use on risk taking and personal safety 2. How to manage influences in relation to alcohol and other drug use 3. The potential consequences of drug production, sale and use, about the support available for individuals with problematic substances use, including addiction and dependency 4. Effectively assess and manage the risks of knife crime 5. What is the risk of gambling and what are gambling related behaviours 6. How are gambling related decisions influenced <p>Gambling stereotypes and how to help someone or get help</p>	<p>Week 14 – What are you proud of?</p>	<p>Careers are discussed on a 1-2-1 basis in careers interviews.</p> <p>D&T - Using different cultures around the world to influence design. Ethical and Moral issues are discussed: deforestation and the impact on society</p> <p>Dance - Independent learning through group rehearsals. Opportunities to choreograph their own dances (individual liberty). Looking at dance in different cultures. Discussing careers in dance with students</p> <p>Food – Local companies are invited into school to work with pupils to enhance their practical skills in preparation for practical exams.</p> <p>Geography - Urbanisation comparisons between Lagos, Nigeria and London: looking at diverse cultures and people’s due to their locations in the world</p> <p>History - Development of Civil Rights in the USA: including Montgomery Bus Boycott, Brown Decision, MLK and Malcom X, the Vietnam War. Civil Rights Acts passed due to legitimate protesting</p>

		Week 1 – Human Rights and the Law	Spring Term
		Week 2 – NSPCC Penny Wars	
		Week 3 – Disability Awareness	
			Art - Personal projects: frequently dealing with a wide range current and delicate issues. The aim is to raise awareness and connect with people through art. Discussing human rights, LGBTW+, anxiety, depression and pressures of social media. Teaching tolerance and respect.
			Textiles – Discussing career opportunities in the industry
Rotation 5 Physical Health, Fitness and Prevention	<ol style="list-style-type: none"> How balancing activities can affect wellbeing, including during and leading up to exam periods Different facts that influence the choices a person can make about health and wellbeing and how these can be managed Different types of eating disorders and how to get help Blood, organ and stem cell donation and what is involved What choices are there when it comes to donations and the law Understanding testicular cancer and how to identify it Learn about the vulva and vagina and correct misconceptions about vulval and vaginal aesthetics 	Week 4 – Holocaust Memorial Day	R.E, Philosophy and Ethics – Religion, Peace and Conflict. Looking at how religion can result in peace and conflict
		Week 5 – Safer Internet Day	
		Week 6 – Healthy Eating	MFL - Un oeil sur le Monde: term-long project on the environment, charities, ethical shopping, and local and international causes
		Week 7 – World Marriage Week	D’ou vient ton t-shirt? (Ethical shopping). Eine wunderbare welt (Homelessness and poverty)
		Week 8 – World Book Day 4 th March	
Rotation 6 Mental Wellbeing	<ol style="list-style-type: none"> Dealing with new challenges and promoting positive mental health Reframing negative thinking and strategies to build resilience Recognising mental ill health and where to get help, the most common mental health issues that affect young people Change, loss and grief and strategies for managing these and accessing support Promoting emotional wellbeing Identity, Diversity and Mental Health and how to improve our mood when we feel low Creating a positive mental health plan 	Week 9 – Decisions and Consequences	English - Greatest Showman: why a person’s uniqueness is their most positive trait English – Hamlet: What it is to be a human being and inaction impedes us more than action
		Week 10 – International Women’s Day	D&T - Legislation, British and European standards, BSI, CE, ISO and COSHH regulations. Health and Safety: use of machinery and safe working practices. Being Responsible: tidying as you go.
		Week 11 – Special Needs Awareness – Dyslexia, Autism and ADHD	
		Week 12 – Praise assembly What achievements am I proud of?	Dance - Independent learning through group rehearsals. Opportunities to choreograph their own dances (individual liberty). Looking at dance in different cultures. Discussing careers in dance with students

			<p>Geography – Field Work: work responsibly and independently</p> <p>History – The Vietnam War and Chemical Warfare – what was the impact of chemical warfare on the environment and population</p> <p>Maths - Penny Wars, NSPCC Event</p> <p>Film Studies–parent/child, friendships and romantic relationships when we study teen movies such as: Rebel Without a Cause, Ferris Bueller’s Day Off and Me, Earl and the Dying Girl</p> <p>Music - The health attributes of singing, both for physical and mental health,forms a large part of GCSE.</p> <p>Drama Blood Brothers – Exploration of themes such as mental illness, the effect of life choices on a person’s happiness, healthy and unhealthy relationships.</p>
		<p>Week 1 – International Siblings Day</p>	<p style="text-align: center;">Summer Term</p>
		<p>Week 2 – Earth Day / Clean Air Day</p>	<p>Art - Personal projects: frequently dealing with a wide range current and delicate issues. The aim is to raise awareness and connect with people through art. Discussing human rights, LGBTW+, anxiety, depression and pressures of social media. Teaching tolerance and respect.</p>
		<p>Week 3 – World Refugee Day</p>	
		<p>Week 4 – Mental Health Awareness Week</p>	<p>Textiles – Discussing career opportunities in the industry</p>
		<p>Week 5 – World Cancer Day and Sun Safety</p>	<p>English - Authors and speakers at Dystopian literature festival.</p>
		<p>Week 6 – Aren’t you amazing?</p>	<p>D&T - Legislation, British and European standards, BSI, CE, ISO and COSHH regulations. Health and Safety: use of machinery and safe working practices. Being Responsible: tidying as you go.</p>
		<p>Week 7 – Pride Month</p>	
		<p>Week 8 – National Sports Week</p>	
		<p>Week 9 – Volunteers and Volunteering</p>	

		Week 10 – Blood Donor Day	Media - both stereotypical and unconventional representations, for example looking at the 'This Girl Can' advertising campaign in GCSE Media.
		Week 10 – Water Safety	
		Week 11 – Praise assembly What achievements am I proud of?	R.E, Philosophy and Ethics – Religion, Peace and Conflict. Looking at how religion can result in peace and conflict