

Overview

KEY WORDS

Digital Media	Content (text, audio, images, video) or devices that allow people to share information, communicate, and collaborate over internet or computer networks
Media Balance	Using media in a way that feels healthy and in balance with other life activities (family, friends, school, hobbies, etc.)
Digital Habits	Behaviors we do often or regularly with digital media and devices
Red Flag Feeling	When something happens on digital media that makes you feel uncomfortable, worried, sad, or anxious
Unplug	To engage in activities that don't involve devices, apps, or the internet
Phishing	Illegal method of obtaining personal information through forms of deception. This could be a fake email pretending to be a bank asking for details
Identity Theft	A type of crime in which your private information is stolen and used for criminal activity
Private Information	Information that can be used to identify you because it is unique to you (e.g., your full name or your address)
Digital Drama	When people use devices, apps, or websites to start or further a conflict between people

Software and resources that will be used:

- Schoology
- Internet Explorer/Chrome
- Microsoft Word/Powerpoint

Key Learning that will take place in this unit

- To be aware of what makes a good digital citizen
- Develop a better understanding of good practice when using digital devices
- Be more self aware of the use of social media and develop safe practice of online platforms

Why is it not ok for people to text and drive at the same time?

Drivers need to keep their concentration on the road at all times

Become distracted could cause serious accidents.

Media Balance

It is important to develop a safe and healthy balance between the time spent in consuming digital media through your digital devices as well as the type of content.

Other activities such as a exercise, socialising with friends, hobbies are vital for a health mind!





How to spot a Phishing email

- Sense of urgency
- Will often use Dear Customer, and not your actual name
- Spelling and grammar mistakes
- Need to click on a link for whatever reason they state
- Email sent at random times of the day

Phishing

When someone poses as an institution, like a bank or a school, and sends you a personalized message asking you to provide private information

Emails will often be disguised to look like a real company. They are quite sophisticated and will use the same fonts, colours and overall looks of the company. We have to be smarter!

What are some ways that you can stay safe online and protect yourself from Phishing emails?

Red flag feeling

When something happens that makes you feel uncomfortable, worried, sad, or anxious

It is vital that we always speak to someone we trust. ALL of your teachers are trained in SAFEGUARDING and will be able to support you. There is always going to be content around that causes upset, offense and sadness.

Communicate and do not hold it in.

**PARENTAL
ADVISORY
EXPLICIT CONTENT**

Finsta and 'fake' news and accounts

A Finsta is what is known as a fake Instagram account. This could be in a form of taking someones identity or a fake account created just to gather followers in order to market scams or propaganda to them. You must do the following!

Questions to consider about finstas...

Gut check

Do I feel good about making this account, or does it feel wrong?

My actions

Would I use it to post something harmful or mean?
Would I say the same things in person?

My impact

Am I using it to post things that could be hurtful to someone else?
Am I staying true to who I am, and my values as a person?



There are 3 main laws to consider

- Computer Misuse Act
- Copyright, Designs and Patents Act
- Data Protection Act (GDPR)

Feelings and Options

Identify - Who are the different people involved in the scenario? What dilemma or challenge are they facing?

Feel - What do you think Sara is *feeling*? Why might the situation be hard or challenging for her?

Imagine - Imagine *options* for how the situation could be handled. Come up with as many ideas as possible. Then, choose which option might lead to the most positive outcome.

Say - Thinking more about the idea you chose for handling the situation, what could Sara do or say? Be as specific as possible.



There is always going to be help out there.

Communication is so vital for whenever we

witness something that upsets us. Especially when you see something like Cyberbullying taking place.

Digital Drama and De-escalate

Social media is right there in your faces, almost every day of your lives, across all your free time. The most common method of socializing now is through the comfort of our devices. Due to the easy to share nature, a conflict between two people can be shared that much quicker and to a wider audience. It is important to be one that can de-escalate a situation, and not add to it!



Finding Credible News

Credible is the ability to be believed, something is trust worthy. We live in an age, in the words of Donald Trump, 'FAKE NEWS!' You should be someone who strives to be a fact finder, research what you read and hear from people. Where did it come from, is the source trustworthy, are they biased?

Useful Links

Common Sense Education

<https://www.commonsense.org/education/digital-citizenship/curriculum>

Test Yourself

1. Why is it important to research a new story?
2. State 3 ways to identify a phishing email
3. What does Phishing mean?
4. Think of a situation where you have had the 'Red Flag Feeling'.

At Home

Communicate with parents about your use of Digital Media. You need to reflect on screen time and what is your media balance between this and off screen time.