

Curriculum Map: Physical Education

| | Autumn 1 | Autumn 2 | Spring 1 | Alt Curr* | Summer 1 | Summer 2 |
|--|-------------------|----------------------------|------------------------|--------------------------|------------------------|----------------------|
| Year 7 | Mixed – | Mixed – | Mixed – | Mixed – | Mixed – | Mixed – |
| | Short Tennis | Table Tennis | Trampolining | Cycling | Athletics | Rounders |
| | | | | -78 | | |
| | Boys - Rugby | Boys - Football | Boys - Swim | Boys - OAA | Boys - Tennis | Boys - Basketball |
| | Girls - Netball | Girls - Swim | Girls - Hockey | Girls - Fitness | Girls - Swim | Girls - Tennis |
| Year 8 | Mixed – | Mixed – | Mixed – | Mixed – | Mixed – | Mixed – |
| rear o | | | | | | |
| | Badminton | Table Tennis | Trampolining | Dance | Cricket | Rounders |
| | Davis Dirakii | Davis Casthall | Davis Coolins | Davis Transac | Davis Tanais | Davis Athaltica |
| | Boys - Rugby | Boys - Football | Boys - Swim | Boys - Trampo | Boys - Tennis | Boys - Atheltics |
| | Girls - Hockey | Girls - Swim | Girls - Netball | Girls - OAA | Girls - Athletics | Girls - Tennis |
| Year 9 | Mixed – | Mixed – | Mixed – | Mixed – | Mixed – | Mixed – |
| | Badminton | Table Tennis | Trampolining | Dance | Cricket | Rounders |
| | | | | | | |
| | Boys - Rugby | Boys - Football | Boys - Swim | Boys - TabTen | Boys - Tennis | Boys - Atheltics |
| | Girls - Hockey | Girls - Netball | Girls - Fitness | Girls - Zumba | Girls - Athletics | Girls - Tennis |
| Year | Boys – | Boys – | Boys – | Boys – | Boys – | Boys – |
| 10 | Rugby | Basketball | Table Tennis | Cycling | Rounders | Cricket |
| Core | | | | | | |
| | Girls – | Girls – | Girls – | Girls – | Girls – | Girls – |
| | Netball | Badminton | Trampolining | Zumba/Pilates | Rounders | Football |
| Year | Component 1 & 2 | Component 1 & 2 | COMPONENT 1: | COMPONENT 1: | COMPONENT 1: | COMPONENT 2: Taking |
| 10 | Prep | Prep | Preparing Participants | Preparing | Preparing Participants | Part and Improving |
| BTEC | | | to Take Part in Sport | Participants to Take | to Take Part in Sport | Other Participants' |
| Tech | | | and Physical Activity | Part in Sport and | and Physical Activity | Sporting Performance |
| | | | | Physical Activity | | |
| Year | Skeletal System | Muscular System | Respiratory System | Long and Short | Physical Training | Injury and Injury |
| 10 | • | Cardiovascular System | . , , | Term Effects of | | Prevention |
| GCSE | | , | | Exercise | | |
| | | | | | | |
| Year | Boys – | Boys – | Boys – | Boys – | Boys – | Boys – |
| 11 | Football | Basketball | Table Tennis | Cycling | Rounders | Cricket |
| Core | | - Justice Justi | 14516 1611115 | G/5B | - Trounders | - Grienet |
| 00.0 | Girls – | Girls – | Girls – | Girls – | Girls – | Girls – |
| | Touch Rugby | Badminton | Trampolining | Zumba/Pilates | Rounders | Basketball |
| Year | COMPONENT 2: | COMPONENT 2: | COMPONENT 3: | COMPONENT 3: | COMPONENT 3: | |
| 11 | Taking Part and | Taking Part and | Developing Fitness to | Developing Fitness | Developing Fitness to | |
| BTEC | Improving Other | Improving Other | Improve Other | to Improve Other | Improve Other | |
| Tech | Participants' | Participants' Sporting | Participants | Participants | Participants | |
| recii | Sporting | Performance | Performance in Sport | Performance in | Performance in Sport | |
| | Performance | Periormance | | | · · | |
| | Performance | | and Physical Activity | Sport and Physical | and Physical Activity | |
| Vasu | Casia sultural | Caranta Davida al any | Health, Fitness and | Activity | Franc Danamatian | |
| Year | Socio-cultural | Sports Psychology | , | Coursework – NEA | Exam Preparation | |
| 11 | Influences | | Wellbeing | Performance | | |
| GCSE | | | | Analysis | | |
| <u> </u> |) | Cth E | | - u - | 10 10 5 | |
| Year | Wednesday P5 | 6 th Form Sport | Interhouse | Faculty Cup | 12 v 13 Cup | Fixtures |
| 12 | | | Badminton | Mixed football | Football | Football |
| Games | Recreational | | Table Tennis | | Netball | Netball |
| | Football | | | | Rugby | Golf |
| | Basketball | | | | Basketball | |
| | Badminton | | | | | |
| | Trampolining | | | | | |
| Year | Body Systems | Sports Coaching | Sport Organisation | Performance | Practical Sport | Yr13 - Biomechanics |
| 12 | | | | Analysis | | |
| VS | | | | | | |
| | | <u> </u> | | | | |
| Year | Anatomy | Physiology | Skill Acquisition | Sport in Society | Performance | Written Coursework |
| 12 | | | | | Coursework | |
| A'Leve | | | | | | |
| | | | | | | |
| Year | Health and Safety | Fitness Testing | Sports Events | Sports Injuries | Exercise for Specific | |
| 13 | and salety | | | | Groups | |
| VS | | | | | | |
| | | | | | | |
| | | i . | | | l | |
| Year | Riomechanics | Skill Acquisition | Sport In Society | Written and | Psychology | |
| Year 13 | Biomechanics | Skill Acquisition | Sport In Society | Written and Practical | Psychology | |
| 13 | Biomechanics | Skill Acquisition | Sport In Society | Practical | Psychology | |
| | Biomechanics | Skill Acquisition | Sport In Society | | Psychology | |