

Theme:	Health & Wellbeing	Relationships	Wider World Inc CEIAG	Citizenship
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RSE	Relationships & Sex Education	SMSC	Social, Moral, Spiritual & Cultural	PC	Protected Characteristics	FBV	Fundamental British Values	CEIAG	CEIAG
SxH	Sexual Harassment	WW	Wider World (Inc Online Safety)	HW	Health and Wellbeing	Citz	Citizenship		

Year 12 Scheme of Work – Autumn 1



Lesson 1	Themes	Lesson 2	Themes	Lesson 3	Themes	Lesson 4	Themes	Lesson 5	Themes	Lesson 6	Themes
<u>A-Level Mindset</u> Adjusting from GCSEs to A-Levels. Setting realistic goals for sixth form and evaluating the best way to reach them	RSE	<u>Misogyny – Do we live in an equal society?</u> Looking at the events that have taken place recently in the news (women’s world cup) and reflecting on misogyny, misandry and consent	RSE	<u>Apprenticeships</u> Outside Speaker from ASK. How to find apprenticeships, different types of apprenticeships	RSE	<u>Driver Safety – What are the responsibilities of a driver?</u> Understanding the process of passing a driving test, the rules of the road and the consequences if they are not followed	RSE	<u>Pathways</u> Outside local businesses and universities come into the school and speak about their careers in small groups of students about their future options.	RSE	<u>Budgeting – What is the cost?</u> Understanding the costs involved in renting a place to live and monthly expenditure. Evaluating budgets and recognizing where savings may be made	RSE
	SMSC		SMSC		SMSC		SMSC				
	PC		PC		PC		PC				
	FBV		FBV		FBV		FBV				
	SxH		SxH		SxH		SxH				
	WW		WW		WW		WW				
	HW		HW		HW		HW				
	Citz		Citz		Citz		Citz				
	CEIAG		CEIAG		CEIAG		CEIAG				

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Year 12 Scheme of Work – Autumn 2



Lesson 1	Themes	Lesson 2	Themes	Lesson 3	Themes	Lesson 4	Themes	Lesson 5	Themes	Lesson 6	Themes	Lesson 7	Themes		
GamCare	RSE	<u>Memory Techniques</u> Different memory techniques that can be used for revision and where to get help.	RSE	<u>Mental Health – How to manage your mental health</u> Is happiness the ultimate goal or are there alternatives? Understanding what good mental health looks like and where to get help if needed.	RSE	<u>Metacognition</u> What is metacognition? How to break down a task to better understand how to get the desired outcome	RSE	<u>Borrowing Money – Mortgages and Loans</u> Understanding the financial costs of taking a loan. Understanding key terminology for loans and mortgages.	RSE	<u>Organisation</u> How to best organize your A-Level work and top tips. Working in small groups to help one another achieve this.	RSE	<u>Taking Risks – Getting home safely after a night out</u> Understanding the consequences of alcohol and the dangers of drink spiking. The laws surrounding alcohol and where to get help if needed.	RSE		
	SMSC		SMSC		SMSC		SMSC		SMSC		SMSC		SMSC	SMSC	SMSC
	PC		PC		PC		PC		PC		PC		PC	PC	PC
	FBV		FBV		FBV		FBV		FBV		FBV		FBV	FBV	FBV
	SxH		SxH		SxH		SxH		SxH		SxH		SxH	SxH	SxH
	WW		WW		WW		WW		WW		WW		WW	WW	WW
	HW		HW		HW		HW		HW		HW		HW	HW	HW
	Citz		Citz		Citz		Citz		Citz		Citz		Citz	Citz	Citz
	CEIAG		CEIAG		CEIAG		CEIAG		CEIAG		CEIAG		CEIAG	CEIAG	CEIAG

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Year 12 Scheme of Work – Spring 1



Lesson 1	Themes	Lesson 2	Themes	Lesson 3	Themes	Lesson 4	Themes	Lesson 5	Themes	Lesson 6	Themes		
<p><u>First Aid</u></p> <p>Lesson completed in 3 sessions in a carousel:</p> <p>Dressing Wounds CPR First Response</p>	RSE	<p><u>Making the most of sixth form</u></p> <p>University of Lincoln visit. Using the opportunities in your sixth form to her construct a personal statement/resume for post sixth form.</p>	RSE	<p><u>World of Work</u></p> <p>43 different companies visit the school to speak with the students about future careers.</p>	RSE	<p><u>Mental Health - How does body image affect us?</u></p> <p>How our perceptions of our body can affect us mentally, emotionally and physically. What are the warning signs of eating problems and where to access help.</p>	RSE	<p><u>National Apprenticeship Week</u></p> <p>Outside agencies involved in apprenticeships deliver a talk and follow up tasks to build greater understanding of what apprenticeships are, how to access them and what it is like completing one</p>	RSE	<p><u>Consent – Effective communication in relationships</u></p> <p>What is consent and the law. How to communicate consent effectively and where to access help.</p>	RSE		
	SMSC		SMSC		SMSC		SMSC		SMSC		SMSC	SMSC	SMSC
	PC		PC		PC		PC		PC		PC	PC	PC
	FBV		FBV		FBV		FBV		FBV		FBV	FBV	FBV
	SxH		SxH		SxH		SxH		SxH		SxH	SxH	SxH
	WW		WW		WW		WW		WW		WW	WW	WW
	HW		HW		HW		HW		HW		HW	HW	HW
	Citz		Citz		Citz		Citz		Citz		Citz	Citz	Citz
CEIAG	CEIAG	CEIAG	CEIAG	CEIAG	CEIAG	CEIAG	CEIAG	CEIAG					
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Year 12 Scheme of Work – Spring 2



Lesson 1	Themes	Lesson 2	Themes	Lesson 3	Themes	Lesson 4	Themes	Lesson 5	Themes
<u>Why University?</u> University of East Anglia visit. Deliver a talk about what it is like to attend UEA, the subjects that are on offer and post sixth form opportunities.	RSE	<u>Consolidation</u> Different ways to consolidate learning and effective techniques for note taking and revision	RSE	<u>Parliament – What political issues impact me?</u> Understanding who can vote in an election and what those votes will result in. The different political parties and how to research their views through use of their manifestos.	RSE	<u>Work Experience</u> Checking in with students to ensure that work experience placement is up to date. Looking at professional conduct in the workplace, best practice for different work environments.	RSE	<u>Polling Stations</u> Mock demonstration of a voting station. Students are able to vote after reading manifestos of the different parties.	RSE
	SMSC		SMSC		SMSC				
	PC		PC		PC				
	FBV		FBV		FBV				
	SxH		SxH		SxH				
	WW		WW		WW				
	HW		HW		HW				
	Citz		Citz		Citz				
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Year 13 Scheme of Work – Autumn 1



Lesson 1	Themes	Lesson 2	Themes	Lesson 3	Themes	Lesson 4	Themes	Lesson 5	Themes	Lesson 6	Themes
<u>Organisation</u> How to best organize your A-Level work and top tips. Working in small groups to help one another achieve this.	RSE	<u>Misogyny – Do we live in an equal society?</u> Looking at the events that have taken place recently in the news (women’s world cup) and reflecting on misogyny, misandry and consent.	RSE	<u>Careers – Writing a Cover Letter</u> To understand what a covering letter is and why it is important when applying for a job. To being to write a covering letter from what is learnt in the lesson.	RSE	<u>Driver Safety – What are the responsibilities of a driver?</u> Understanding the process of passing a driving test, the rules of the road and the consequences if they are not followed.	RSE	<u>UCAS Applications</u> Guided practice to begin/complete UCAS applications.	RSE	<u>Budgeting – What is the cost?</u> Understanding the costs involved in renting a place to live and monthly expenditure. Evaluating budgets and recognizing where savings may be made.	RSE
	SMSC		SMSC		SMSC		SMSC				
	PC		PC		PC		PC				
	FBV		FBV		FBV		FBV				
	SxH		SxH		SxH		SxH				
	WW		WW		WW		WW				
	HW		HW		HW		HW				
	Citz		Citz		Citz		Citz				
	CEIAG		CEIAG		CEIAG		CEIAG				

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Year 13 Scheme of Work – Autumn 2

** 2 weeks of Y13 Mocks w/b 6 and 11 November ** Lessons could not take place



Lesson 1	Themes	Lesson 2	Themes	Lesson 3	Themes	Lesson 4	Themes	Lesson 5	Themes	Lesson 6	Themes	Lesson 7	Themes		
GamCare	RSE	<u>Memory Techniques</u> Different memory techniques that can be used for revision and where to get help.	RSE	<u>Study Skills – Learning from Mocks</u> Understanding the difference between formative and summative assessments. Self reflecting on mistakes made and planning to correct them in the future.	RSE	<u>Careers – Workers Rights</u> Understanding what rights people are entitled to at work and how age may affect these. (e.g. wage, hours of work, holiday pay etc.)	RSE	<u>Mental Health – How to manage your mental health</u> Is happiness the ultimate goal or are there alternatives? Understanding what good mental health looks like and where to get help if needed.	RSE	<u>Borrowing Money – Mortgages and Loans</u> Understanding the financial costs of taking a loan. Understanding key terminology for loans and mortgages.	RSE	<u>Taking Risks – Getting home safely after a night out</u> Understanding the consequences of alcohol and the dangers of drink spiking. The laws surrounding alcohol and where to get help if needed.	RSE		
	SMSC		SMSC		SMSC		SMSC		SMSC		SMSC		SMSC	SMSC	SMSC
	PC		PC		PC		PC		PC		PC		PC	PC	PC
	FBV		FBV		FBV		FBV		FBV		FBV		FBV	FBV	FBV
	SxH		SxH		SxH		SxH		SxH		SxH		SxH	SxH	SxH
	WW		WW		WW		WW		WW		WW		WW	WW	WW
	HW		HW		HW		HW		HW		HW		HW	HW	HW
	Citz		Citz		Citz		Citz		Citz		Citz		Citz	Citz	Citz
	CEIAG		CEIAG		CEIAG		CEIAG		CEIAG		CEIAG		CEIAG	CEIAG	CEIAG
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Year 13 Scheme of Work – Spring 1

** 2 weeks of Y13 Mocks w/b 5 and 12 February ** Lessons could not take place



Lesson 1	Themes	Lesson 2	Themes	Lesson 3	Themes	Lesson 4	Themes	Lesson 5	Themes
<p><u>First Aid</u></p> <p>Lesson completed in 3 sessions in a carousel:</p> <p>Dressing Wounds CPR First Response</p>	RSE	<p><u>Study Skills – Revision Timetables</u></p> <p>How to plan your revision successfully. The best practice in creating a revision timetable.</p>	RSE	<p><u>Mental Health - How does body image affect us?</u></p> <p>How our perceptions of our body can affect us mentally, emotionally and physically. What are the warning signs of eating problems and where to access help.</p>	RSE	<p><u>National Apprenticeship Week</u></p> <p>Outside agencies involved in apprenticeships deliver a talk and follow up tasks to build greater understanding of what apprenticeships are, how to access them and what it is like completing one</p>	RSE	<p><u>Consent – Effective communication in relationships</u></p> <p>What is consent and the law. How to communicate consent effectively and where to access help.</p>	RSE
	SMSC		SMSC		SMSC		SMSC		
	PC		PC		PC		PC		
	FBV		FBV		FBV		FBV		
	SxH		SxH		SxH		SxH		
	WW		WW		WW		WW		
	HW		HW		HW		HW		
	Citz		Citz		Citz		Citz		
	CEIAG		CEIAG		CEIAG		CEIAG		

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Year 13 Scheme of Work – Spring 2

** 1 week of Y13 Mocks w/b 26 February **

Lessons could not take place



Lesson 1	Themes	Lesson 2	Themes	Lesson 3	Themes	Lesson 4	Themes
<p><u>Careers – Interview Techniques</u></p> <p>To understand what an interview entails. Looking at different scenarios and how best to answer different questions</p>	RSE	<p><u>Parliament – What political issues impact me?</u></p> <p>Understanding who can vote in an election and what those votes will result in. The different political parties and how to research their views through use of their manifestos.</p>	RSE	<p><u>Gap Year</u></p> <p>To understand why a gap year is and how to access the different opportunities that are available.</p>	RSE	<p><u>Polling Stations</u></p> <p>Mock demonstration of a voting station. Students are able to vote after reading manifestos of the different parties.</p>	RSE
	SMSC		SMSC		SMSC		
	PC		PC		PC		
	FBV		FBV		FBV		
	SxH		SxH		SxH		
	WW		WW		WW		
	HW		HW		HW		
	Citz		Citz		Citz		
	CEIAG		CEIAG		CEIAG		

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