

MONDAY



MAIN MEAL **BUFFALO CHICKEN**

Smoked Paprika Wedges and Cajun
Corn

VEGETARIAN MEAL **BANG BANG CAULIFLOWER**

Smoked Paprika Wedges and Cajun
Corn





TUESDAY

MAIN MEAL

CLASSIC BEEF LASAGNE

Garden Salad & Homemade Garlic
Bread

VEGETARIAN MEAL

VEGETABLE & MIXED BEAN LASAGNE

Garden Salad & Homemade Garlic
Bread



WEDNESDAY



MAIN MEAL

GLAZED BRITISH ROAST GAMMON OR LEMON & THYME ROAST CHICKEN

Crisp Roast Potatoes, Seasonal
Vegetables, House Gravy

VEGETARIAN MEAL

LEEK & SPINACH WELLINGTON

Crisp Roast Potatoes, Seasonal
Vegetables, House Gravy





THURSDAY

MAIN MEAL

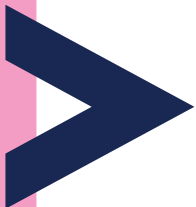
CHICKEN MASSAMAN CURRY

Wholegrain & White Rice with
Pineapple, Lime & Cucumber Salsa

VEGETARIAN MEAL

PEA & HALLOUMI FRITTERS

Wholegrain & White Rice with
Pineapple, Lime & Cucumber Salsa





FRIDAY

MAIN MEAL

**CHIP SHOP 'FRYDAY' FISH,
PIZZA OR FISHCAKE**

Chips, Peas & Tartare Sauce

VEGETARIAN MEAL

**VEGAN ONION BHAJI
BURGER**

Slaw, Chips & Peas



MONDAY



MAIN MEAL

TRADITIONAL SAUSAGE & MASH

Onion Gravy

VEGETARIAN MEAL

VEGAN SAUSAGE & MASH

Onion Gravy





TUESDAY

MAIN MEAL

**CREAMY GARLIC CHICKEN
& MUSHROOM PASTA**

Garden Salad

VEGETARIAN MEAL

**GNOCCHI WITH ROASTED
VEGETABLES IN A TOMATO
& BASIL SAUCE**

Garden Salad



WEDNESDAY



MAIN MEAL

ROAST TURKEY

Crisp Roast Potatoes, Seasonal
Vegetables & House Gravy

VEGETARIAN MEAL

OPEN HARISSA ROASTED SQUASH & FETA PIE

Seasonal Vegetables





THURSDAY

MAIN MEAL

SMOKEY BEEF CHILLI CON CARNE

Rice, Nachos & Corn

VEGETARIAN MEAL

SMOKEY PLANT BASED CHILLI

Rice, Nachos & Corn





FRIDAY

MAIN MEAL

**CHIP SHOP 'FRYDAY' FISH,
PIZZA OR FISHCAKE**

Chips, Peas

VEGETARIAN MEAL

VEGAN FALAFEL BURGER

Naked Slaw, Mango Chutney, Chips,
Peas



MONDAY



MAIN MEAL

KUNG PAO CHICKEN

Wholegrain & White Egg Fried Rice

VEGETARIAN MEAL

SWEET & SOUR VEGETABLES

Wholegrain & White Egg Fried Rice





TUESDAY

MAIN MEAL

BEEF & TOMATO RAGOUT

Wholegrain Pasta, House Salad

VEGETARIAN MEAL

PLANT BASED RAGOUT

Wholegrain Pasta, House Salad



WEDNESDAY



MAIN MEAL

**ROAST SHOULDER OF PORK
OR SALT & PEPPER ROAST
CHICKEN**

Crisp Roast Potatoes, Seasonal
Vegetables & House Gravy

VEGETARIAN MEAL

**CRUNCHY TOPPED
MACARONI**

Seasonal Vegetables





THURSDAY

MAIN MEAL

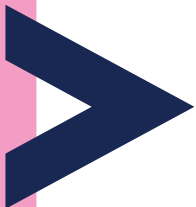
CHICKEN BHUNA CURRY

Pilau Rice, Homemade Raita

VEGETARIAN MEAL

PANEER & CHICKPEA KORMA

Pilau Rice, Homemade Raita





FRIDAY

MAIN MEAL

**CHIP SHOP 'FRYDAY' FISH,
PIZZA OR FISHCAKE**

Chips, Peas & Tartare Sauce

VEGETARIAN MEAL

JAMAICAN SQUASH PASTY

Sweet Chilli Sauce, Chips

